

Kenai Crewsers Rowing Club
Uncoached Shell Use Policy

- 1) Any rower, who wishes to utilize a rowing shell during an uncoached session, must be a) current in their yearly membership and monthly user fees and b) if an experienced rower, have participated in at least one coached practice session in the current rowing season. If a first year rower, have participated in at least 4 coached practice sessions in the current rowing season.
- 2) Whenever rowers go out without a coach, the launch (safety) boat must accompany them in close proximity. The launch boat driver must be an adult (18 years old or older). Launch boat drivers must have completed the boat operator's training.
- 3) Rowers of uncoached shells need to provide their own separate launch boat when rowing at the same time as a coached row/practice.
- 4) The shell must be full. An 8+ must have 8 rowers and a coxswain. The 4+ must have 4 rowers and a coxswain. The Quad (4-) must have 4 rowers, with or without a coxswain. This is for the safety of the equipment and the safety of the rowers.

5.08.07 version

Adopted by the Board of Directors 5.08.07